

2011 Polk County Adult Health Summary of Results



Survey Sample sizes

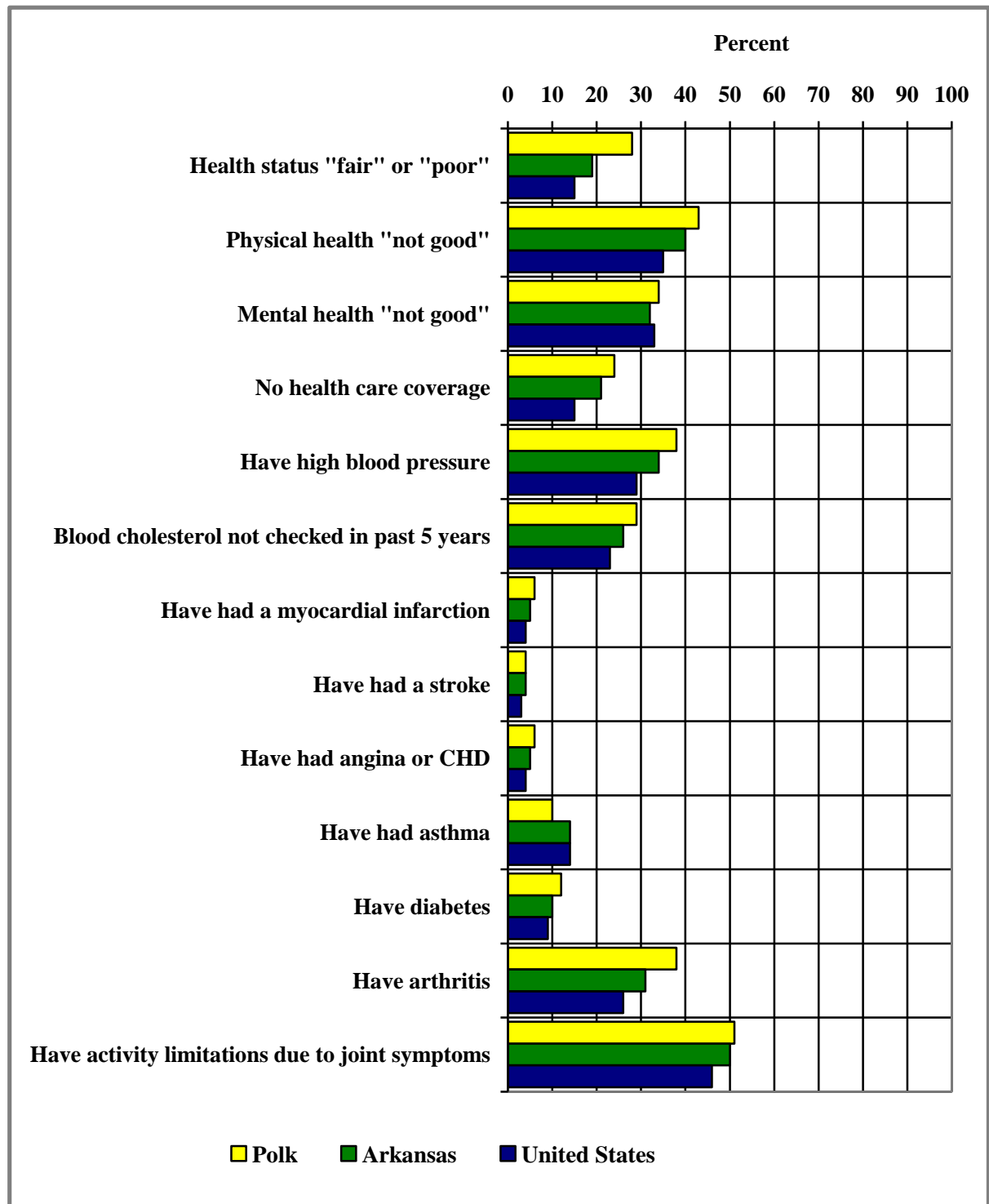
Interviews	Sample size
County Adult Health Survey: October, November, and December 2011	875

Survey Demographics

Variables	Categories	CAHS 2011	
		Raw (%)	Weighted (%)
Gender	Female	62	51
	Male	38	49
Income	Under \$20,000	35	31
	\$20,000-\$50,000	45	45
	Over \$50,000	20	24
Education	<HS Education	14	15
	HS Grad	68	67
	College Grad	18	18
Age	18-39 years	11	34
	40-64 years	42	41
	65+ years	47	25

Polk County CAHS 2011

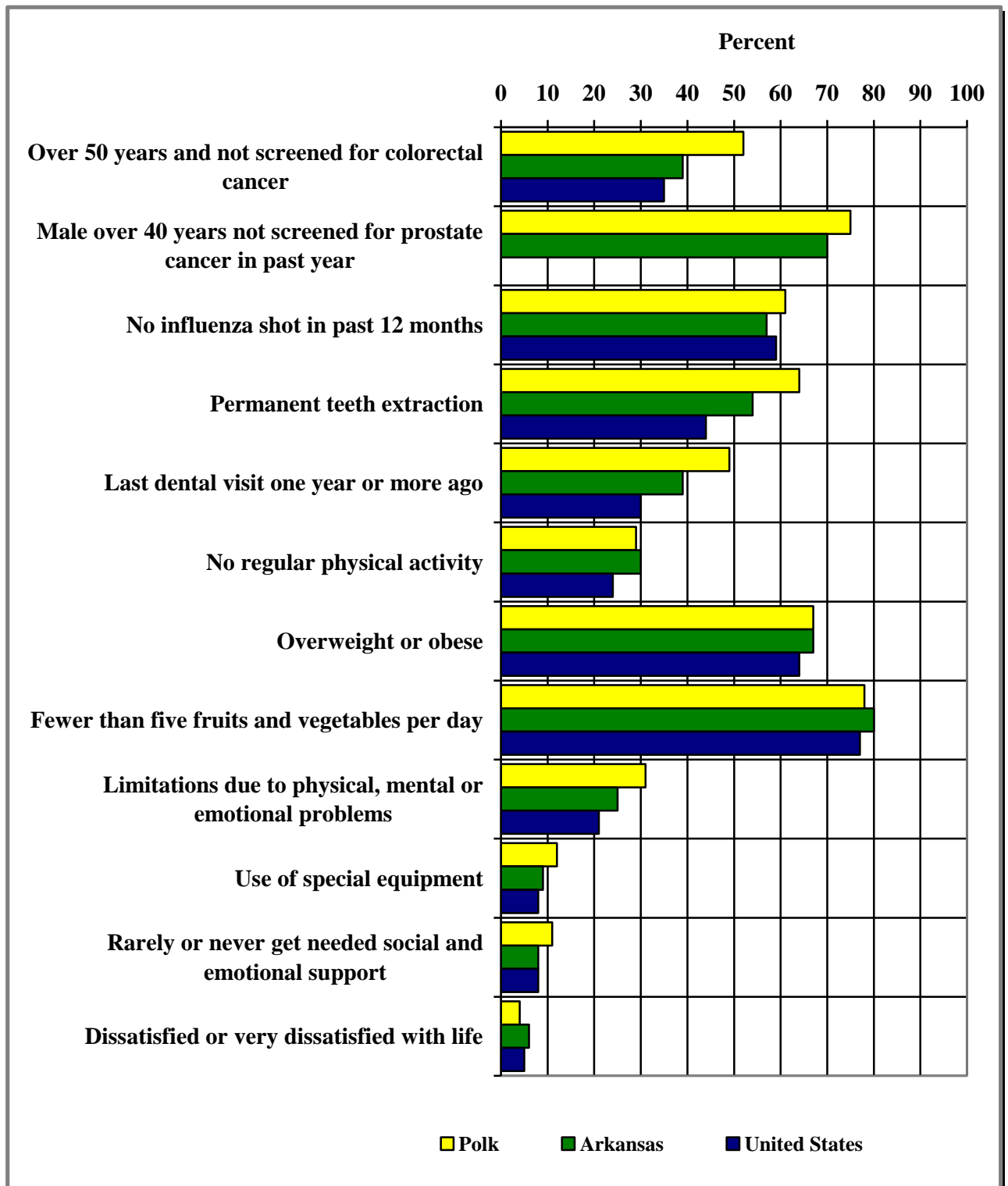
Risk Profile



Sources: Polk County data collected from the County Adult Health Survey conducted in 2011. Arkansas and U.S. data obtained from most recent BRFSS data (2009 & 2010).

Polk County CAHS 2011

Risk Profile



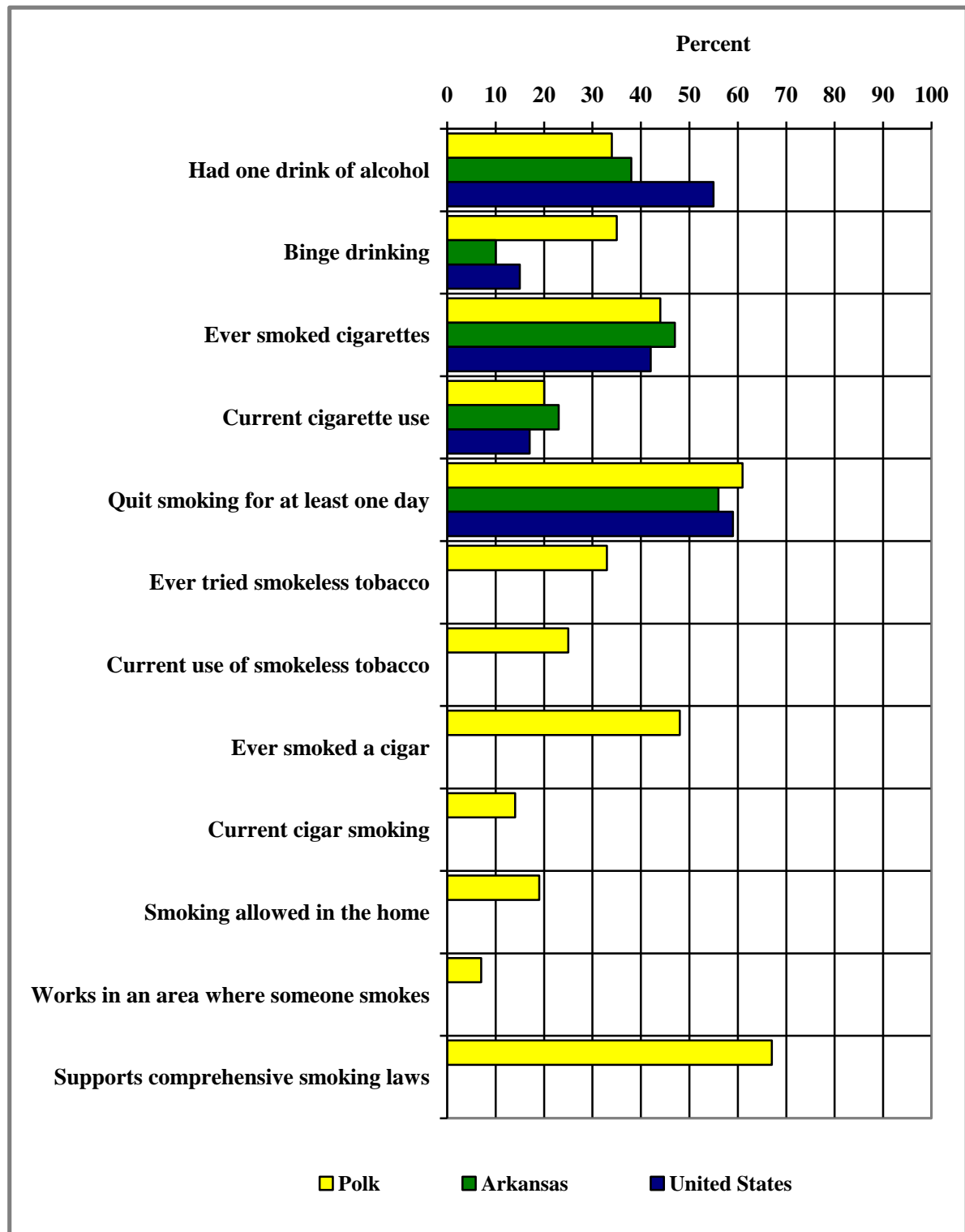
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Arkansas and U.S. data obtained from most recent BRFSS data (2009 & 2010).

*Note: Missing data for State BRFSS is due to differences in questions from 2011 Polk County Adult Health Survey.

Polk County CAHS 2011

Risk Profile



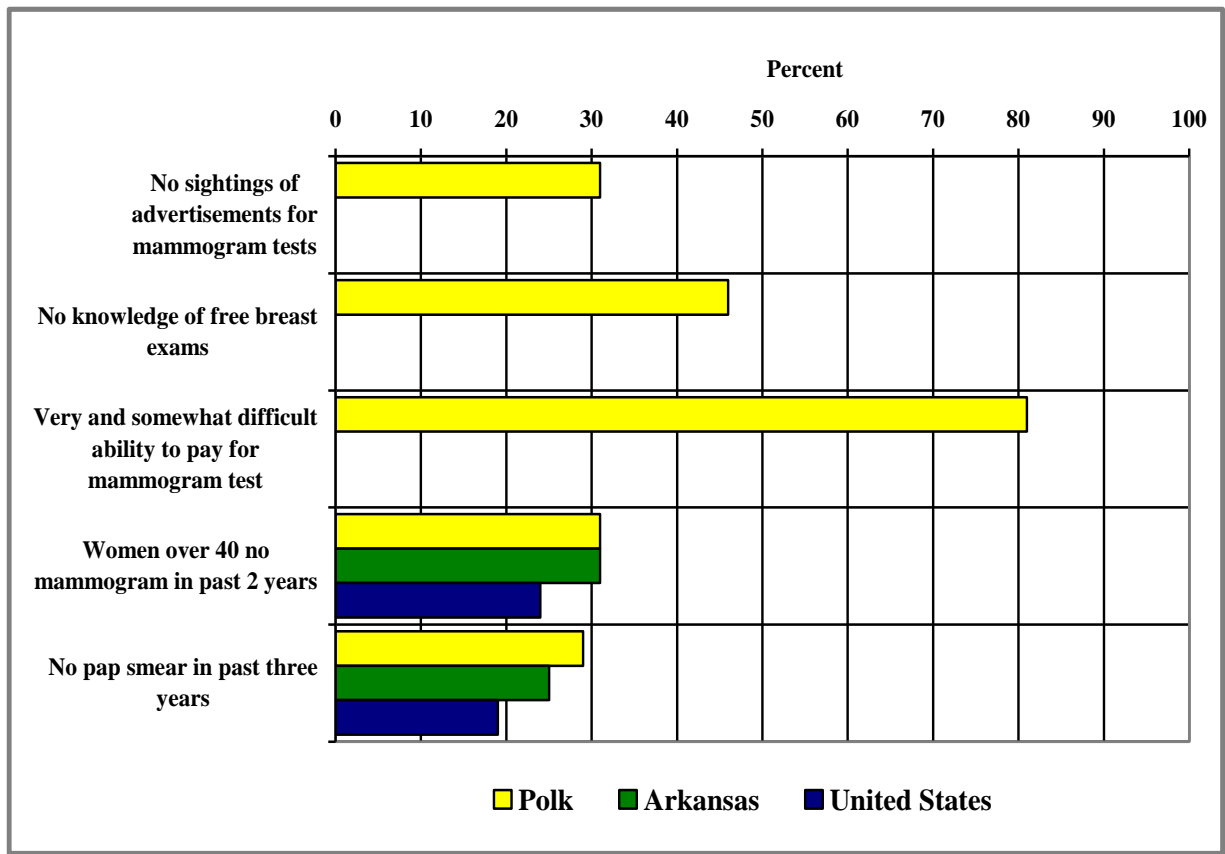
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Polk County CAHS 2011

Risk Profile



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POLK COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Polk	Arkansas	United States
Health status “fair” or “poor”	28	19	15
Physical health “not good”	43	40	35
Mental health “not good”	34	32	33
No health care coverage	24	21	15
Have high blood pressure	38	34	29
Blood cholesterol not checked in past 5 years	29	26	23
Have had a myocardial infarction	6	5	4
Have had a stroke	4	4	3
Have had angina or CHD	6	5	4
Have had asthma	10	14	14
Have diabetes	12	10	9
Have arthritis	38	31	26
Have activity limitations due to joint symptoms	51	50	46

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Arkansas and U.S. data obtained from most recent BRFSS data (2009 & 2010).

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POLK COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Polk	Arkansas	United States
Over 50 years and not screened for colorectal cancer	52	39	35
Male over 40 years not screened for prostate cancer	75	70	*
No influenza shot in past 12 months	61	57	59
Permanent teeth extraction	64	54	44
Last dental visit one year or more ago	49	39	30
No regular physical activity	29	30	24
Overweight or obese	67	67	64
Fewer than five fruits and vegetables per day	78	80	77
Limitations due to physical, mental or emotional problems	31	25	21
Use of special equipment	12	9	8
Rarely or never get needed social and emotional support	11	8	8
Dissatisfied or very dissatisfied with life	4	6	5

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Arkansas and U.S. data obtained from most recent BRFSS data (2009 & 2010).

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POLK COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Polk	Arkansas	United States
Had one drink of alcohol	34	38	55
Binge drinking	35	10	15
Ever smoked cigarettes	44	47	42
Current cigarette use	20	23	17
Quit smoking for at least one day	61	56	59
Ever used smokeless tobacco	33	*	*
Current use of smokeless tobacco	25	*	*
Ever smoked a cigar	48	*	*
Current cigar smoking	14	*	*
Smoking allowed in the home	19	*	*
Works in an area where someone smokes	7	*	*
Supports comprehensive smoking laws	67	*	*

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POLK COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Polk	Arkansas	United States
No sightings of advertisements for mammogram tests	31	*	*
No knowledge of free breast exams	46	*	*
Very and somewhat difficult ability to pay for mammogram test	81	*	*
Women over 40 no mammogram in past 2 years	31	31	24
No pap smear in past three years	29	25	19

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